



Summer 2018 Lunch Menu

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Week One	Beef Ragu & Jacket Potato Easi-Yo Fruit Yoghurt	Sweet & Sour Chicken with Rice Chocolate Chip Muffin	Chicken, Cauliflower & Broccoli Gratin with Garlic Bread Fruit Jelly	Fish Fingers, Mashed Potato & Spaghetti Hoops Raspberry Ripple Mousse	Summer Vegetable & Chicken Stew Fruit Shortbread
Week Two	Salmon Fishcakes, Baby Potatoes in Parsley Butter, Peas & Sweetcorn Rice Pudding & Fruit Jam	Cheesy Bean & Potato Pie Easi-Yo Fruit Yoghurt	BBQ Chicken & Mediterranean Vegetables with Mixed Rice Fruity Flapjack	Beef Lasagne & Salad Ice Cream Roll	Chicken Meatball Ragu with Wedges Chocolate Brownie
Week Three	Lamb Burger with Potato Wedges & Peas Choc-Ice	Chicken & Vegetable Curry with Rice Rhubarb & Apple with Custard	Beef Chilli Pasta Bake Chocolate & Raisin Krispie Cake	Moroccan Pork with Rice Fruit Smoothie	Fish in Parsley Sauce with Potato Croquettes Apple & Pear Crumble

Summer 2018 Lunch Menu (Allergen Free)*

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Week One	Beef Ragu & Jacket Potato	Sweet & Sour Chicken with Rice	Chicken, Cauliflower & Broccoli Gratin with Garlic Bread	Vegetable Patti, Mashed Potatoes & Peas	Chicken Risotto
Week Two	Veggiecakes, Baby Potatoes in a Parsley Butter, Peas & Sweetcorn	Cheesy Bean & Potato Pie	BBQ Chicken & Mediterranean Vegetables with Mixed Rice	Beef Lasagne & Salad	Chicken Meatball Ragu with Wedges
Week Three	Beef Chilli & Potato Wedges	Chicken & Vegetable Curry with Rice	Turkey Burger with Potato Wedges & Peas	Moroccan Pork with Rice	Chicken in White Sauce with Mashed Potato

Children eating from our allergen free menu will be provided with allergen free fruit or yoghurts as an alternative to a regular dessert. Please ask to see our ingredients and allergen information.





Vegetarian Summer 2018 Lunch Menu

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Week One	Vegetable Ragu & Jacket Potato Easi-Yo Fruit Yoghurt	Sweet & Sour Chicken Style Strips with Rice Chocolate Chip Muffin	Quorn Cauliflower & Broccoli Gratin with Garlic Bread Frozen Jelly	Veggie Fingers, Mashed Potato & Spaghetti Hoops Raspberry Ripple Mousse	Summer Vegetable & Quorn Stew Fruit Shortbread
Week Two	Vegetable Sausage, Baby Potatoes in Parsley Butter, Peas & Sweetcorn Rice Pudding & Fruit Jam	Cheesy Bean & Potato Pie Easi-Yo Fruit Yoghurt	BBQ Chicken Style Strips & Mediterranean Vegetables with Mixed Rice Fruity Flapjack	Vegetarian Lasagne & Salad Ice Cream Roll	Quorn Meatball Ragu with Wedges Chocolate Brownie
Week Three	Vegetarian Burger with Potato Wedges & Peas Choc-Ice	Vegetable Curry with Rice Rhubarb & Apple with Custard	Vegetarian Chilli Pasta Bake Chocolate & Raisin Krispie Cake	Moroccan Meat Free Mince & Vegetables with Rice Fruit Smoothie	Quorn in Parsley Sauce with Potato Croquettes Apple & Pear Crumble

Vegetarian Summer 2018 Lunch Menu (Allergen Free)*

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Week One	Vegetable Ragu & Jacket Potato	Sweet & Sour Vegetables with Rice	Cauliflower & Broccoli Gratin with Garlic Bread	Vegetable Patti, Mashed Potato & Peas	Summer Vegetable Risotto
Week Two	Veggiecakes, Baby Potatoes in a Parsley Butter, Peas & Sweetcorn	Cheesy Bean & Potato Pie	BBQ Mixed Bean & Mediterranean Vegetables with Mixed Rice	Vegetable Lasagne	Vegetable Ragu with Wedges
Week Three	Mixed Bean Chilli & Potato Wedges	Vegetable Curry with Rice	Falafel & Spinach Burger with Potato Wedges and Peas	Moroccan Mixed Beans with Rice	Mixed Beans in Creamy White Sauce with Mashed Potato

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