

Winter Lunch Menu 2019

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Week One	Shepherd's Pie (Lamb) with Mixed Vegetables Chocolate Sponge & Custard	Tuna Pasta Bake with Garden Peas Pineapple & Vanilla Ice-cream	Sausage & Mash with Carrots Fruit Yoghurt	Breaded Chicken & Potato Wedges with Baked Beans Apple Crumble with Custard	Cheese & Potato Pie with Sweetcorn Rice Pudding & Sultanas
Week Two	Breaded Cod Fish Fingers, New Potatoes with Garden Peas Bananas & Custard	Salmon Fish Pie with Sweetcorn Fruit salad	Bolognese with Rice and Vegetables Jam Roly-Poly	Macaroni & Cheese with Peas & Sweetcorn Choc-Ice	Mixed Bean & Butternut Squash Risotto with Carrots Fruit Yoghurt
Week Three	Lamb Curry with Rice Fruit Mousse	Cottage Pie with Mixed Vegetables	Sausage and Bean Hotpot with Mashed Potatoes Rice Pudding & Sultanas	Breaded Fish Cakes with Potato Wedges and Baked Beans Fruit Yoghurt	Tomato with Vegetable Pasta Bake Strawberry Shortbread

Vegetarian Winter Lunch Menu 2019

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Week One	Shepherd's Pie (Quorn) with Mixed Vegetables Chocolate Sponge & Custard	Tuna Pasta Bake with Garden Peas Pineapple & Vanilla Ice-cream	Sausage (Quorn) & Mash with Carrots Fruit Yoghurt	Breaded Chicken (Quorn) & Potato Wedges with Baked Beans Apple Crumble with Custard	Cheese & Potato Pie with Sweetcorn Rice Pudding & Sultanas
Week Two	Breaded Cod Fish Fingers, New Potatoes with Garden Peas Bananas & Custard	Salmon Fish Pie with Sweetcorn Fruit salad	Quorn Bolognese with Rice and Vegetables Jam Roly-Poly	Macaroni & Cheese with Peas & Sweetcorn Choc-Ice	Mixed Bean & Butternut Squash Risotto with Carrots Fruit Yoghurt
Week Three	Quorn Mince Curry with Rice Fruit Mousse Strawberry Frozen Yoghurt	Cottage Pie (Quorn) with Mixed Vegetables	Quorn Sausage and Bean Hotpot with Mashed Potatoes Rice Pudding & Sultanas	Breaded Fish Cakes with Potato Wedges and Baked Beans	Tomato with Vegetable Pasta Bake Strawberry Shortbread



Winter Tea Menu 2019

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Week One	Baked Beans on Toast Yoghurt & Mixed Berries	Pitta Bread with Hummus, Dips, Carrots, and Cucumber Orange Slices	Jacket Potato with Tuna & Sweetcorn Peach Slices	Cheese Quiche Apple Slices and Sultanas	Buttered Crumpets with Carrot Sticks Bananas
Week Two	Bean Stew with Mixed Vegetables Fruit Salad	Mixed Bean Tacos with Sour Cream and Salsa Rice Pudding	Vegetable Pasta Yoghurt	Tortilla Pizza with Cheese & Tomato Strawberries	Croissants with Cheese, Ham, Tomato Pineapple Chunks
Week Three	Vegetable Cous Cous with Red Pepper Apple Slices	Tuna and Pasta Bake Malt Loaf	Jam Sandwiches Fruit Mousse	Jacket Potato with Baked Beans and Cheese Sultanas	Mixed Vegetable Stew Cucumber Slices

Vegetarian Tea Menu 2019

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Week One	Baked Beans on Toast Yoghurt & Mixed Berries	Pitta Bread with Hummus, Dips, Carrots, and Cucumber Orange Slices	Jacket Potato with Tuna & Sweetcorn Peach Slices	Cheese Quiche Apple Slices and Sultanas	Buttered Crumpets with Carrot Sticks Bananas
Week Two	Bean Stew with Mixed Vegetables Fruit Salad	Mixed Bean Tacos with Sour Cream and Salsa Rice Pudding	Vegetable Pasta Yoghurt	Tortilla Pizza with Cheese & Tomato Strawberries	Croissants with Cheese, Ham, Tomato Pineapple Chunks
Week Three	Vegetable Cous Cous with Red Pepper Apple Slices	Tuna and Pasta Bake Malt Loaf	Jam Sandwiches Fruit Mousse	Jacket Potato with Baked Beans and Cheese Sultanas	Mixed Vegetable Stew Cucumber Slices

