



LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Beef / Meat-Free Mince Chilli served with Jacket Potato Low Fat Easi-Yo Fruit Yoghurt	Chicken / Vegetable & Mixed Bean Casserole served with Broccoli Apple & Blackberry Crumble served with Custard	Creamy Fish / Mixed Bean Pie Topped with Carrot & Swede Mash served with Green Beans Fruit Shortbread	Chicken / Quorn Meatball Ragu served with Rice Ginger Cake	Sausage / Vegetarian Sausage & Bean Hotpot served with Mashed Potato Fruit Jelly
Week Two	Minted Lamb / Meat-Free Mince Hotpot Strawberry Ice-cream Pot	Roast Chicken / Quorn Dinner Jam & Coconut Sponge Cake	Cottage / Vegetarian Cottage Pie served with Swede & Carrots Rice Pudding & Mixed Fruit	Sweet & Sour Chicken / Chicken Style Strips served with Rice Fruit Smoothie	Breaded Fish / Quorn Fingers, Baked Beans served with Mashed Potato Fruit Flapjack
Week Three	Somerset Pork / Meat-Free Mince & Apple Casserole served with Rice Poached Pears served with Custard	Chicken / Vegetable & Broccoli / Bean Pie served with Peas & Carrots Chocolate Crispy Cake	Beef / Vegetarian Lasagne Ice-cream Roll	Breaded Fishcakes / Vegetarian Cakes served with Potatoes in Parsley Butter, Peas & Sweetcorn Chocolate Brownie	Chicken & / Vegetable Curry served with Rice Low Fat Easi-Yo Fruit Yoghurt

ALL MEALS ARE DELIVERED FRESH DAILY BY





TEA MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Baked Beans on Wholemeal Toast with Vegetable Sticks Portion of Fruit	Tuna / Mixed Bean and Sweetcorn Pasta with Red Peppers Mandarins in Juice	Ham / Cheese Sandwiches and Cherry Tomatoes with Vegetable Sticks Fruit Yoghurt	Cheese and Crackers with Raisins and Vegetable Sticks Fruit Yoghurt	Pork / Vegetable Ravioli in Tomato Sauce with a Wholemeal Bread Roll Banana
Week Two	Vegetable Soup with a Wholemeal Roll Pears in Juice	Chicken / Cheese Wraps with Cucumber and Tomato Banana	Sausage / Vegetarian Roll with Vegetable Sticks and Baked Beans Fruit Yoghurt	Wholemeal Egg Mayonnaise Roll with Vegetable Sticks Sliced Peaches	Toasted Crumpets with Ham, Cheese and Vegetable Sticks Yoghurt
Week Three	Spaghetti on Wholemeal Toast with Vegetable Sticks Banana	Margarita Pizza, Carrot Sticks and Yellow Pepper Portion of Fruit	De-constructed Chicken / Quorn Kebab with Cucumber, Tomatoes and Savoury Rice Fruit Yoghurt	Jacket Potato with Cheese & Beans Melon Pieces	Chicken / Quorn & Pasta in a Tomato & Herb Sauce with Vegetable Sticks Apple

FROM SUMMER 2019 THERE WILL NOT BE AN ALLERGEN-FREE VERSION OF THESE MENUS; HOWEVER, ITEMS SUCH AS BREAD ROLLS OR PASTA ARE SUBSTITUTED FOR 'FREE-FROM' VERSIONS FOR CHILDREN WHO HAVE ALLERGIES. PLEASE ASK TO SEE OUR INGREDIENTS AND ALLERGEN INFORMATION.

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