



LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Vegetarian Curry with Rice & Naan Bread Chocolate & Carrot Cake	Shepherd's Pie with Cauliflower & Broccoli Bread Pudding	Roast Beef with Potatoes, Carrots & Gravy Banana & Custard	Cod in Parsley Sauce with New Potatoes & Green Beans Coconut Cookie	Pork Sausage with Mashed Potato, Peas & Gravy Fruit Custard Shortcake
Week Two	Chilli Con Carne with Rice & Tortilla Chips Iced Buns	Fish Pie & Broccoli Jelly	Vegetarian Spaghetti Bolognese with Garlic Bread & Salad Twirling Strawberry Sponge	Glazed Gammon with Mashed Potato & Green Beans Orange Pound Cake	Cauliflower Curry with Brown Rice & Naan Bread Rice Pudding
Week Three	Roast Chicken with Stuffing, New Potatoes & Carrots Ice-Cream with Berries	Lamb Casserole with Cauliflower & Broccoli Jam Tarts	Fish Paella with Garlic Bread & Salad Cinnamon Palmiers	Lentil Curry with Rice & Naan Bread Lemon Curd & Yoghurt Fool	Mexican Vegan Stew with Rice Apple Crumble



TEA MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Chicken Salad with Crackers Fruit Selection	Salmon Patties with Carrot Batons Fromage Frais	Vegan Sausage Roll Fruit Selection	Ham & Cheese Wrap with Cucumber Fromage Frais	Vegetable Soup with Bread Roll Fruit Selection
Week Two	Spanish Tortillas Fromage Frais	Pasta with Tuna & Sweetcorn Fruit Selection	Pitta Bread with Ham & Cheese Fromage Frais	Vegan Sausage Roll Fruit Selection	Hearty Pasta Soup with Bread Fromage Frais
Week Three	Pasta Bake Fruit Selection	Pitta Bread with Ham, Cheese & Cucumber Fromage Frais	Mac & Cheese with Carrot Batons Fruit Selection	Tortilla Pizza Fromage Frais	Carrot Soup with Bread Roll Fruit Selection