



STANDARD LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	<p>Vegetarian Curry with Rice & Naan Bread</p> <p>Chocolate & Carrot Cake</p>	<p>Shepherd's Pie with Cauliflower & Broccoli</p> <p>Bread Pudding</p>	<p>Roast Beef with Potatoes, Carrots & Gravy</p> <p>Banana & Custard</p>	<p>Cod in Parsley Sauce with New Potatoes & Green Beans</p> <p>Coconut Cookie</p>	<p>Pork Sausage with Mashed Potato, Peas & Gravy</p> <p>Fruit Shortbread</p>
Week Two	<p>Chilli Con Carne with Rice & Tortilla Chips</p> <p>Iced Buns</p>	<p>Roast Chicken with Stuffing, New Potatoes & Carrots</p> <p>Ice Cream and Berries</p>	<p>Fish Pie & Broccoli</p> <p>Jelly</p>	<p>Glazed Gammon with Mashed Potato & Green Beans</p> <p>Raspberry Flapjack</p>	<p>Cauliflower Curry with Brown Rice & Naan Bread</p> <p>Rice Pudding</p>
Week Three	<p>Vegetarian Spaghetti Bolognese with Garlic Bread & Salad</p> <p>Vegan Banana Bread</p>	<p>Lamb Casserole with Cauliflower & Broccoli</p> <p>Jam Tarts</p>	<p>Fish Paella with Garlic Bread & Salad</p> <p>Lemon Loaf</p>	<p>Lentil Curry with Rice & Naan Bread</p> <p>Cinnamon Palmiers</p>	<p>Mexican Vegan Stew with Rice</p> <p>Mixed Fruit Crumble</p>



VEGETARIAN & ALLERGEN-FREE LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Vegetarian Curry with Rice & Naan Bread Flapjacks	Vegetable Pie with Cauliflower & Broccoli Bread Pudding	Quorn Fillets with Potatoes, Carrots & Gravy Banana & 'Free-from' Custard	Vegetable Pie in Parsley Sauce with New Potatoes & Green Beans Coconut Cookie	Vegan Sausage with Mashed Potato, Peas & Gravy Fruit Shortbread
Week Two	Quinoa Chilli Con Carne with Rice & Tortilla Chips Fruit & Oatmeal Cookies	Quorn Fillets with New Potatoes & Carrots Non-Dairy Ice Cream	Leek, Parsley & Potato Pie with Broccoli Jelly	Creamy Vegetable Puff-Pastry Pie with Mashed Potato and Green Beans Raspberry Flapjack	Cauliflower Curry with Brown Rice & Naan Bread Rice Pudding
Week Three	Meat-Free Meatballs with Garlic Bread & Salad Vegan Banana Bread	Vegan Sausage Casserole with Cauliflower & Broccoli Jam Tarts	Vegetable Paella with Garlic Bread & Salad Lemon Loaf	Lentil Curry with Rice & Naan Bread Cinnamon Palmiers	Mexican Vegan Stew with Rice Mixed Fruit Crumble

Please note: Items which contain known allergens will be substituted for allergen-free versions.



STANDARD TEA MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Chicken Salad with Crackers Fruit Selection	Salmon Patties with Carrot Batons Fromage Frais	Vegan Sausage Roll & Baked Beans Fruit Selection	Ham & Cheese Wrap with Cucumber Fromage Frais	Vegetable Soup with Bread Roll Fruit Selection
Week Two	Spanish Tortillas Fromage Frais	Pasta with Tuna & Sweetcorn Fruit Selection	Pitta Bread with Ham & Cheese Fromage Frais	Vegan Sausage Roll & Baked Beans Fruit Selection	Hearty Pasta Soup with Bread Fromage Frais
Week Three	Pasta Bake Fruit Selection	Pitta Bread with Ham, Cheese & Cucumber Fromage Frais	Mac & Cheese with Carrot Batons Fruit Selection	Tortilla Pizza Fromage Frais	Carrot Soup with Bread Roll Fruit Selection



VEGETARIAN & ALLERGEN-FREE TEA MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Cheese Salad with 'Free From' Crackers Fruit Selection	Potato Patties with Carrot Batons Dairy & Soya-Free Yoghurt	Vegan Sausage Roll & Baked Beans Fruit Selection	Cheese Wrap with Cucumber Dairy & Soya-Free Yoghurt	Vegetable Soup with Bread Roll Fruit Selection
Week Two	Spanish Tortillas Dairy & Soya-Free Yoghurt	Pasta with Tomato & Sweetcorn Fruit Selection	Pitta Bread with Cheese Dairy & Soya-Free Yoghurt	Vegan Sausage Roll & Baked Beans Fruit Selection	Hearty Pasta Soup with Bread Dairy & Soya-Free Yoghurt
Week Three	Pasta Bake Fruit Selection	Pitta Bread with Cheese & Cucumber Dairy & Soya-Free Yoghurt	Mac & Cheese with Carrot Batons Fruit Selection	'Free-From' Tortilla Pizza Dairy & Soya-Free Yoghurt	Carrot Soup with Bread Roll Fruit Selection

Please note: Items which contain known allergens will be substituted for allergen-free versions.