



STANDARD LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Potato & Kidney Bean Curry with Rice	Roast Chicken with Potatoes, Peas and Gravy	Turkey Meatballs in Tomato Sauce with Pasta	Thai Chicken Curry with Rice	Cod in Tomato & Pepper Sauce with New Potatoes and Sweetcorn
Week Two	Hearty Cod Fishcakes with Mashed Potatoes and Sweetcorn	Vegetable & Red Lentil Dhansak with Rice	Sweet & Sour Chicken with Rice	Turkey Mince Ragù with Pasta	Chicken Casserole with Seasonal Vegetables



ALLERGEN-FREE LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Potato & Kidney Bean Curry with Gluten-Free Rice	Roast Chicken with Potatoes, Peas and Gravy	Turkey Meatballs in Tomato Sauce with Gluten-Free Pasta	Chicken Curry with Gluten-Free Rice	Cod in Tomato & Pepper Sauce with New Potatoes and Sweetcorn
Week Two	Gluten-Free Fishcakes with Mashed Potatoes and Sweetcorn	Vegetable & Red Lentil Dhansak with Gluten-Free Rice	Sweet & Sour Chicken with Gluten-Free Rice	Turkey Mince Ragu with Gluten-Free Pasta	Chicken Casserole with Seasonal Vegetables



VEGETARIAN LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Potato & Kidney Bean Curry with Rice	Quorn Slices with Potatoes, Peas and Gravy	Vegetable Pasta Bake	Thai Vegetable Curry with Rice	Butternut Squash in Tomato & Pepper Sauce with New Potatoes and Sweetcorn
Week Two	Vegetable Pie Topped with Mashed Potatoes and Sweetcorn	Vegetable & Red Lentil Dhansak with Rice	Vegetables in Sweet & Sour Sauce with Rice	Meat-Free Meatballs in Ragu with Pasta	Vegetable Casserole



VEGETARIAN & ALLERGEN-FREE LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Potato & Kidney Bean Curry with Gluten-Free Rice	Quorn Slices with Potatoes, Peas and Gravy	Vegetable & Gluten-Free Pasta Bake	Vegetable Curry with Rice	Butternut Squash in Tomato & Pepper Sauce with New Potatoes and Sweetcorn
Week Two	Vegetable Pie Topped with Mashed Potatoes and Sweetcorn	Vegetable & Red Lentil Dhansak with Gluten-Free Rice	Vegetables in Sweet & Sour Sauce with Gluten-Free Rice	Meat-Free Meatballs in Ragu with Gluten-Free Pasta	Vegetable Casserole



STANDARD TEA MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Spaghetti Hoops on Toast	Tomato Soup with Bread Rolls	Shredded BBQ Chicken Wraps	Cheese & Potato Pie with Baked Beans	Broccoli & Cheese Pasta Bake
Week Two	Beans on Toast	Macaroni & Cheese with Carrot Sticks	Lentil Soup with Bread Rolls	Shredded BBQ Chicken Wraps	Jacket Potato with Cheese & Beans



ALLERGEN-FREE TEA MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Spaghetti Hoops on Free-From/Gluten-Free Toast	Tomato Soup with Free-From/Gluten-Free Bread Rolls	Shredded BBQ Chicken in Gluten-Free Wraps	Dairy-Free Cheese & Potato Pie with Baked Beans	Broccoli & Dairy-Free Cheese with Gluten-Free Pasta Bake
Week Two	Beans on Free-From/Gluten-Free Toast	Gluten-Free Macaroni & Dairy-Free Cheese with Carrot Sticks	Lentil Soup with Free-From/Gluten-Free Bread Rolls	Shredded BBQ Chicken in Gluten-Free Wraps	Jacket Potato with Dairy-Free Cheese & Beans



VEGETARIAN TEA MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Spaghetti Hoops on Toast	Tomato Soup with Bread Rolls	Cheese & Lettuce Wraps	Cheese & Potato Pie with Baked Beans	Broccoli & Cheese Pasta Bake
Week Two	Beans on Toast	Macaroni & Cheese with Carrot Sticks	Lentil Soup with Bread Rolls	Cheese & Lettuce Wraps	Jacket Potato with Cheese & Beans



VEGETARIAN & ALLERGEN-FREE TEA MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Spaghetti Hoops on Free-From/Gluten-Free Toast	Tomato Soup with Free-From/Gluten-Free Bread Rolls	Dairy-Free Cheese & Lettuce Wraps with Carrot Sticks	Dairy-Free Cheese & Potato Pie with Baked Beans	Broccoli & Dairy-Free Cheese with Gluten-Free Pasta Bake
Week Two	Beans on Free-From/Gluten-Free Toast	Gluten-Free Macaroni & Dairy-Free Cheese with Carrot Sticks	Lentil Soup with Gluten-Free Bread Rolls	Dairy-Free Cheese & Lettuce Wraps with Carrot Sticks	Jacket Potato with Dairy-Free Cheese & Beans